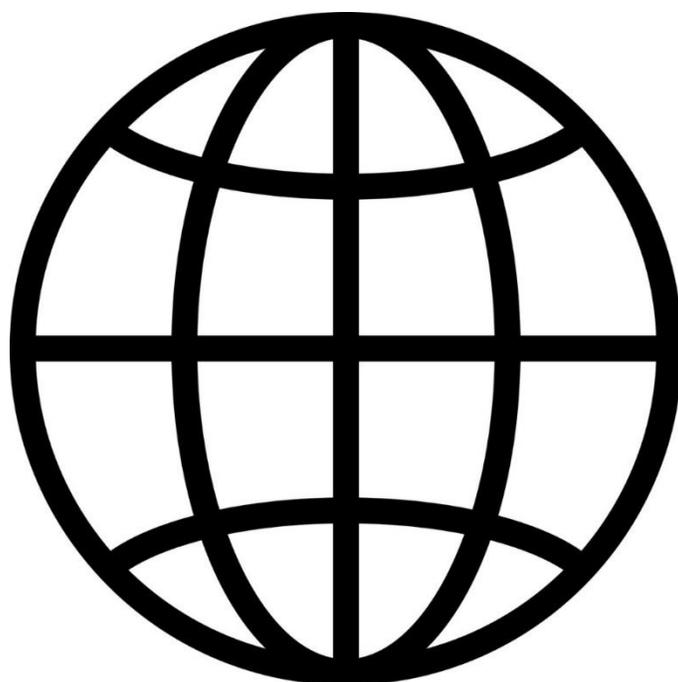


Passport

A Quick Trip Around Beth Emet





A crash course in Beth Emet frequently used terminology.

Adult Ed

Programs for exchanging of ideas and continuing education of adult congregants and non-members with emphasis on religious, Hebrew, and Jewish studies.

Aron Kodesh

Hebrew for the Ark where the Torah(s) is housed.

Bar/Bat Mitzvah (Plural: B'nei Mitzvah)

Means son/daughter of the commandment. In Judaism, one becomes responsible for observing the commandments at the age of 13. It is also the age at which one is allowed to read from the Torah. *(Used more commonly to refer to the public coming of age ceremony).*

Beit Midrash

Translated as "House of Learning," this room is located parallel to the Sanctuary and is used for classes, meetings, or some quiet time during Services. (Pre-reconstruction, this room was called the Chapel).

Beit Sefer

Hebrew and religious school for children preschool through high school with the goal to build Jewish identity through knowledge and engagement. Held on Thursday afternoons (4:15 p.m. - 6:15 p.m.) and Sunday mornings (9:30 a.m. - 12 noon).

BESSY

Beth Emet's Senior Synagogue Youth group for teens in grades 9-12 that engages in social, religious and cultural programming to encourage active participation in Jewish life and a strong Jewish identity.

Bimah

The stage on which services are lead and houses the Torah scrolls that are placed when they are being read in the sanctuary. Also known as the pulpit.

Bonim (Builders)

A parent-child early childhood program for toddlers 12-24 months that includes art, singing, free play and familiarization with Shabbat and Jewish holidays.

B'racha

A blessing recited at a specific moment during a ceremony or activity acknowledging God as the source of all blessing.

Camp Kayitz

Beth Emet's half-day summer camp for children entering Madregot (age three), G'dolim (age four), or Kindergarten.

Chadashon

The Beth Emet periodical published once or twice per year providing members with a narrative of what the community is doing and how we are doing it.

Chasamba

Beth Emet's junior youth group for students in grades 6-8, engages in social, religious and cultural programming to encourage active participation in Jewish life and a strong Jewish identity.

Chavayah

Teen education program for those in grades 9-11, take learning out of the classroom. Chavayah is based around monthly field studies that allow teens to learn about current events and community issues through a Jewish lens.

Chumash

Literally translates to "five," the Chumash is a compilation of the first five books of the Bible. Also known as Pentateuch or Torah.

Herman and Mildred Crown Room

Beth Emet's social hall located next to the Sanctuary. Home to events, dinners, and early childhood play time.

EC (Early Childhood)

The Early Childhood program is an integral part of the Beth Emet Synagogue community. Our program is proud to have earned NAEYC Accreditation – the mark of quality for early childhood education programs. Our program offers classes for children 12 months – four years.

EmetMail

Our bi-weekly electronic newsletter that shares the latest information on what's happening at Beth Emet. If you are not receiving EmetMail, please email sbaum@bethemet.org.

Erev

When one speaks of Erev, they are referring to the evening before a holiday. For example, Erev Rosh Hashanah is the night before Rosh Hashanah.

FIAT (Family Issues Aging Task Force)

The Family Issues Aging Task Force (FIAT) creates and sponsors programs those in our community 60 and older. Since the committee began, FIAT programs have become an integral part of the Beth Emet community and have welcomed renowned scholars, practitioners, and professionals to explore a variety of healthy aging topics.

Gan Yom Rishon

Sunday School class during Beit Sefer for three to four-years old who are enrolled in secular early childhood programs.

G'dolim (Big Ones)

Our Early Childhood program for four-year old's. In includes Hebrew, drama and movement in addition to the classroom curriculum.

G'milut Chasadim

Acts of loving kindness.

Havdalah

A service which marks the end of Shabbat and ushers in a new week. Havdalah is intended to require a person to use all five senses—to taste the wine, smell the spices, see the flame

of the candle and feel its heat and hear the blessings.

Kabbalat Torah (KT)

Our program for grade 12 students marks the milestones of the year and offer opportunities for reflection as students prepare for the next stage of their journeys.

Kabbalat Shabbat

A service to welcome Shabbat on Friday evenings. Services begin at 6:30 p.m. and a Shabbat Oneg takes place prior to services at 5:45 p.m.

Kaddish

A prayer traditionally said for mourning.

Kahal

Shabbat morning worship services, led by clergy and lay leaders, are participatory, musical and spirited. Worship begins at 9:30 a.m., and following the Torah service, a discussion is led by a member of the community focusing on the weekly Torah portion. On the third Saturday of the month begins at 9:45 a.m.

Kiddush

A prayer recited over wine sanctifying Shabbat or a holiday.

Kippah

The skullcap head covering worn by Jews during services. Also known as a yarmulke.

Klei Kodesh

A term referring to the senior staff of Beth Emet that are here to guide, teach, inspire, encourage and help you. The Klei Kodesh include the Rabbis, Cantor, Executive Director, Director of Lifelong Learning, Director of Early Childhood, Director of Youth Programs and Administrator.

Kol Emet

The Jewish Music Project at Beth Emet. Helps to promote understanding and appreciation of Jewish music through concerts, education, commissions and artists in residence.

Lifelong Learning

Reflecting Beth Emet's philosophy that education is a lifelong process, lifelong learning refers to the educational programs offered for our youngest members through our most senior.

Machzor

A special prayer book used for the High Holidays. At Beth Emet we use Mishkan HaNefesh, which you can purchase through the office.

Madrichim

High school students who assist in Beit Sefer classes.

Madregot (Steps)

Our Early Childhood program for three-year old's that includes music and movement as well as a class curriculum.

Minyan

A group that gathers Saturday mornings (9:30 a.m.) for a traditional, lay-led service.

Mishkan T'filah

The prayer book of the Reform Jewish Movement. Our own Rabbi Emeritus, Peter Knobel, served as the Chair of the Editorial Committee.

Perlman Room

Home to Beth Emet's youth lounge.

Rosh Chodesh

The first day of a month on which the first sliver of the new moon appears.

Shabbat

A time when we can set aside all of our weekday concerns and devote ourselves to rest and spiritual enrichment.

Shabbat Connections

Every Friday, a Beth Emet family celebrating a joyful moment or in which there are challenges through illness or death, receives a home-made Shabbat dinner through Shabbat Connections. Volunteer cooks and volunteer drivers prepare and deliver Shabbat dinner to a chosen family in our community. If you're interested in learning more, please contact Kathy Kaberon at kkabron@bethemet.org.

Shabbat Oneg

Appetizer reception prior to Kabbalat Shabbat services.

Shiva

The seven-day period of mourning after a burial.

Shiva Minyan Leaders

As members of Beth Emet, we are so fortunate to be part of a faith community that is committed to helping each other in times of need. This is especially true when confronted with the death of a loved one. After a death, when congregants make funeral plans, Beth Emet's clergy work with the family to plan the shiva period and identify whether Beth Emet shiva minyan leaders are needed.

Siddur

A prayer book. Also referred to as *Mishkan T'filah* in the Reform movement.

Tallit

A shawl-like garment worn during services with long fringes (called tzitzit) attached to the corners as a reminder of the commandments. Sometimes called a prayer shawl.

Talmud and Bagels

Enjoy some delicious nosh (snacks) while studying the repository of Jewish law and stories. This class meets periodically on Friday mornings. It is a part of our Adult Ed program.

Tikkun Olam

Means to repair the world. As humans, we have a responsibility to fix what is wrong with the world. This phrase is often used in conjunction with *G'milut Chasadim* and *Tzedakah*.

Torah

Also known as the Chumash or the Five Books of Moses. The Torah tells the story of the Jewish people and the covenantal relationship Israel enters with God.

Tot Shabbat

Held on the third Shabbat morning of each month at 9:00 a.m. in the Weiner room, this half-hour service is geared towards children ages two to five-year-olds and their parents and/or grandparents. Tot Shabbat is followed by snack and play-time in room 101.

Tzedakah

An obligation to financially help those in need.

Weiner Room

Located on the lower level, this community space is used for a variety of activities.

Work Room

Located on the first floor of Beth Emet, the workroom is home to our copy machine, postage machine and various paper products.

Yahrzeit

The anniversary of a death. To find ways in which to observe a *Yahrzeit*, please refer to the Memorial Book (published on Yom Kippur) or the Beth Emet website.

Beth Emet Committees and Initiatives

Adult Education

Lifelong learning is at the core of Beth Emet values. Beth Emet is a diverse community of individuals with different viewpoints, backgrounds, and a broad range of Jewish learning experiences. The Beth Emet Adult Education Program, widely known as one of the most comprehensive programs in the Chicagoland area, offers exciting possibilities for meeting new people, exchanging ideas, and embracing Jewish history, ritual, and culture. Our classes are taught by experienced teachers and lay leaders from Beth Emet and the larger community. Offerings range from one-time events to yearlong classes.

The Spring brochure will be published shortly. Consider taking a class or classes. If you have an expertise that you wish to present and/or know of a terrific Judaic teacher in the area, please let us know. Also, please look at the current offerings and think of some possible classes or topics for which you would like us to find a teacher.

Contact Helene Rosenberg, Chair of the Adult Education Committee, at h-rosenberg@comcast.net, or Marci Dickman, Director of Lifelong Learning, at mdickman@bethemet.org.

Beth Emet Families Connect (BEFC)

Fostering connections to each other, community, Judaism, & other families BEFC is a new initiative designed to foster your family's connection to each other, to the Beth Emet community, to Judaism, and to other families. Through involvement in Beth Emet, together we create positive Jewish experiences that focus on building relationships.

Beth Emet Soup Kitchen

Every Wednesday, a team of volunteers comes in to cook and serve a delicious and nutritious dinner to 100+ people from our community. The Crown Room is transformed with tables covered with white linens and flowers, while live music is played by volunteers.

There are so many ways to get involved:

- **Do you like to cook?**

Volunteer to shop, prepare, and serve meals (4:15 – 7:00 p.m.). Each week, about 10 adults and up to five children are needed to prepare and serve. To find out more, contact: Kelly Austin at soupkitchen@bethemet.org

If you find you love to prepare and serve, you can graduate to site supervisor and oversee the whole planning and preparation of your own meal (each site supervisor volunteers five to eight times a year). To find out more, contact: Leslie Shulruff at zamaed@comcast.net

- **Don't mind a little cleaning?**

Come in while the meal is being served and join the Clean-Up Crew in the kitchen (6:15 – 7:30 p.m. – once a month). To find out more, contact: Leslie Shulruff at zamaed@comcast.net

- **Do you play an instrument?**
Come in from 6:00 – 7:00 p.m. and play background music while the guests are dining. There are monthly slots available. To find out more, contact: Lizzie Graham at graham.lizzie@gmail.com

Beth Emet Youth Groups

Beth Emet's youth groups, for young people from fourth grade through high school, are a vital community resource, building the leaders for today and tomorrow. Through age-appropriate programming, youth groups encourage emotional and social growth, and promote positive Jewish experiences.

- **Garinim (Grades 4 & 5)**
Activities for youth in grades four and five provide an engaging introduction to Beth Emet youth group culture. Over the course of four to six events per year, participants begin to build social relationships within a distinctive Jewish space through thoughtfully planned activities. Youth Director, Maia Volk, will provide age-appropriate activities that encourage pride in our synagogue community, Jewish social experience, and lots of fun. Participation not only can lead to relationships that last a lifetime, but also can build a strong affiliation with Beth Emet that carries on through high school and beyond.
- **Chasamba (Grades 6-8)**
Chasamba strives to cultivate a supportive and fun social community that bridges Jewish values with this age group's increasing social exploration. Chasamba provides middle school-age youth an opportunity for a fun, semi-structured social space that meets students at one of their greatest periods of change and growth—the pre-teen and early teen years. Chasamba events run monthly and act as a bridge between Garinim's structured social programming, and youth-driven, holistic programs for high school students. Events are carefully planned by Youth Director, Maia Volk, and the Chasamba advisor who work with youth leaders to build leadership skills and to provide age-appropriate and fun activities. Typical events integrate social time, Jewish experiences, and social action initiatives. Most importantly, Chasamba builds a strong community among participants as a launch-pad for lifelong relationships. Chasamba's events involve both field trips and event in the synagogue. Participants are encouraged to participate in our leadership board to help plan events.
- **BESSY (Grades 9-12)**
BESSY (Beth Emet Senior Synagogue Youth) is the community's highly active, peer-led youth group for high school-age participants. Through monthly teen planned events, BESSY provides both Jewish social space for its peers as well as an integrated approach to Jewish social action. BESSY is a highly visible asset to Beth Emet, building our community through its constant stream of activity. The BESSY Leadership Board is an all-youth board supported by Youth Programs Advisor, Lizzy Scheinkopf, and meets regularly to plan activities. The relationships built in BESSY go beyond the strictly social to encourage and build the leaders not just for tomorrow but for today. To learn more or to get involved in Beth Emet's Youth Group programs, please contact Maia Volk at mvolk@bethemet.org or call 847-869-4230 ext. 314.

The Inclusion Committee

The Inclusion Committee is comprised of Beth Emet congregants and staff for the purpose of making Beth Emet a more inclusive space and community for individuals with disabilities. In addition to making recommendations for the renovations to make our building more accessible, the committee works with various arms of the synagogue to raise awareness about the need for inclusivity and offers suggestions on adapting our programs and practices to be more inclusive. We also conducted a synagogue wide survey in 2017 so that our work can respond to the stated needs of our congregants. If you would like to get involved, please contact Marci Dickman at mdickman@bethemet.org.

Post-Detention Accompaniment Team (P-DAT)

Beginning this past June, Beth Emet has partnered with the Interfaith Community for Detained Immigrants (ICDI) to provide short-term assistance to people newly released from Immigration and Customs Enforcement (ICE) in downtown Chicago. Working in teams of two, trained congregants greet the immigrant and provide a backpack containing clothing & essentials, share a meal, purchase a bus ticket and transport them to the bus station or ICDI's sanctuary house. The Beth Emet group is called P-DAT (Post-Detention Accompaniment Team) and has helped over 50 individuals to date. This exciting work was initiated by the Social Action Committee and is part of Beth Emet's obligation as a Sanctuary Congregation. If you are interested or have questions, please contact Phil Bashook at pbashook@gmail.com or Lizzie Graham graham.lizzie@gmail.com.

Shabbat Connections: Friday Night Dinners

Our community is a place for giving and receiving. When we are in need, others are there for us, and when others are in need, we are there for them. Did you know that almost every Friday, a Beth Emet family receives a home-made Shabbat dinner through Shabbat Connections? For over 10 years, we've had volunteer cooks and volunteer drivers prepare and deliver Shabbat dinner to a family in our community. It might be brought to someone who has recently moved, or had a new baby, or an illness or death, or any number of other situations. It all works beautifully IF we have enough volunteers. The time commitment is small, but the opportunity to share the gift of community can be highly rewarding. If you're interested in learning more, please contact kkaberon@bethemet.org.

Programs for Families with Young Children

Beth Emet's programs for families with young children provides enjoyable Jewish family experiences and provides a safe place for parents of all religions to explore Judaism. From Shabbat Dinners to Pizza in the Sukkah, to Tot Shabbat and singing and s'mores, we have events the whole family can enjoy together. We're open to suggestions for programs as well! Please contact Director of Young Family Programs, Kathy Kaberon.

Shiva Minyan Leaders

As members of Beth Emet, we are so fortunate to be part of a faith community that is committed to helping each other in times of need. This is especially true when confronted with the death of a loved one. After a death, when congregants make funeral plans, Beth Emet's clergy work with the family to plan the shiva period and identify whether Beth Emet shiva minyan leaders are needed. Sometimes families have close friends who perform this important mitzvah, and at other times families are grateful to know that the Beth Emet community is there to help them. To request a minyan leader, please contact Wendy Yablon at [wyablon@bethemet.org](mailto:wjablon@bethemet.org), or the synagogue at 847-869-4230. If you have experience leading shiva minyans or are interested in being trained to

become a minyan leader with Ozerim, please contact Jack Levie at jlevie@gmail.com or Susan Melczer at melczer@mindspring.com.

Social Justice Coalition

Join the Social Justice Coalition in 2019! Whether it's advocacy, direct person-to-person action, *tzedakah*, or youth involvement, there's a place for you to practice *Tikkun Olam* (repair of the world). The Social Justice Coalition is guided by five core values: *tzedek* (righteous justice); *ahava* (love of one's neighbors and strangers); *rachamim* (compassion); *chesed* (kindness); and *hachnasat orchim* (hospitality).

- The **advocacy** arm of social justice works to advance policies that welcome the immigrant, address the causes of homelessness and poverty, and rectify the inequities in our criminal justice system.
- The mission of the **social action** arm of the coalition is to provide person-to-person connections and opportunities to help those impacted by current social injustices. Here are some upcoming opportunities that focus on homelessness and immigration issues locally.
- The purpose of the ***tzedakah*** arm is to support recipients that promote justice, equality, and social well-being; to educate and engage the congregation about our obligation to perform the mitzvah of *tzedakah* (righteous giving and doing); and to encourage the members of Beth Emet to give *tzedakah* as a regular part of our daily lives. This arm provides funding to deserving organizations that are aligned with the mission of Beth Emet's social justice work.
- **Youth engagement** - Beth Emet's middle school and high school students are passionate leaders within our community on social justice issues. Our Youth Program aims to not only educate and empower our youth by fostering the knowledge and skills necessary to create cultural and systemic change, but to give our Youth a platform to be leaders in our community.

Worship at Beth Emet

The celebration of Shabbat is integral to the life of Beth Emet. Each week it offers us the opportunity to slow down, take a cleansing breath, and focus on our own rejuvenation. In that spirit, we have created a Shabbat calendar for the year that brings the rest, joy, and holiness of Shabbat more fully into our lives. Through worship, communal Shabbat meals, and study, we create the time and space that allows us to connect with ourselves, our heritage and one another

Friday Night

Kabbalat Shabbat

Each Friday evening we greet Shabbat with great *oneg* (joy) as we enter the period of *k'dusha* (holiness) that will last until sundown on Saturday.

On Friday evenings Kabbalat Shabbat services begin at 6:30 p.m. join us for an *oneg* beginning at 5:45 p.m.

Throughout the year we incorporate a few special services:

Shabbat Shirah - Several times each year, we offer an entirely sung Kabbalat Shabbat service. Melodies range from the simple and contemplative to the joyful and exuberant, allowing congregants and newcomers to sing along, even if a melody or piece of liturgy is not immediately familiar.

Special speakers - Members of the congregation and the community are also periodically asked to speak or to deliver the D'var Torah throughout the year on a range of topics including social justice issues, interfaith relations, spirituality, and more.

Shabbat Morning

Kahal Morning Worship

Kahal meets at 9:30 a.m. in the Weiner Room. (9:45 a.m. on the third Saturday of the month)

The word kahal means community. Kahal is a place where everyone is welcome—for communal worship, reflection, Torah study, or to be among the community in times of celebration or in times of loss. Whether you are a newcomer to Beth Emet or a longtime member, you will find Kahal a friendly, welcoming place to be.

This intergenerational Shabbat morning worship service offers a weekly opportunity to pray, sing and study in a lively, family-friendly environment. Each week, a thought-provoking discussion of the Torah portion is led by a Kahal volunteer, Rabbi London, Rabbi Memis-Foler or the Director of Lifelong Learning, Marci Dickman.

Children are encouraged to join Kahal for as much or as little as they would like, with babysitting always available whenever they need a break, at no charge. Services are followed by Kiddush each week, and on the last Saturday of each month, a vegetarian potluck lunch.

Shabbat Morning Minyan

9:30 a.m. in Room 208

Each Shabbat morning a worship service and lively discussion of the week's Torah reading is held in room 208 (located on the second floor), beginning at 9:30 a.m. Led by lay Hebrew readers, the service mixes prayer and song followed by a participatory discussion that focuses on interpretation aimed at both historic and contemporary understanding of the Parsha. A festive Kiddish follows.

Originally designed in the 1960s by Beth Emet member Herbert Hubert z"l, the service includes a blend of spirituality, intellectuality, and camaraderie.

Tot Shabbat

Tot Shabbat meets on the third Saturday of each month at 9:00 a.m.

This lively 30-minute service is geared toward children under five years old and their parents, grandparents, or caregivers. Together we sing, dance with the Torahs, and enjoy a story from Rabbi London. Afterward, everyone gathers for lox and bagel brunch where the children can play, and the parents can schmooze.

Weekday Minyan

The Weekday Minyan meets every Sunday morning at 8:45 a.m. (9:00 a.m. in summer) in the Beit Midrash.

The Weekday Minyan meets every Sunday to daven the weekday *Shacharit* (morning) service. The Weekday Minyan meets in the Beit Midrash next to the Sanctuary and offers a more intimate opportunity to pray with the Beth Emet community. If the Beth Emet building is closed, the Weekday Minyan is held at a member's home. Please check the calendar for up-to-date information. To be added to the Weekday Minyan listserv, contact Wendy at wyclon@bethemet.org.

The Weekday Minyan service explores our ritual, liturgical, and musical traditions in a welcoming setting for people new to weekday prayer while providing a deeper level of sophistication for people with more experience. Participants are encouraged to wear a tallit and *tefilin* if they so choose, and community members are available fifteen minutes before the service begins to assist newcomers with these rituals.

The Weekday Minyan is followed by a light breakfast of bagels and coffee.

Staff Directory

Rabbi Andrea London
alondon@bethemet.org
ext. 306

Rabbi Amy Memis-Folder
amemisfoler@bethemet.org
ext. 306

Rabbi Peter Knobel
Rabbi Emeritus
pknobel@bethemet.org
ext. 306

Bekki Kaplan
Executive Director
bkaplan@bethemet.org
ext. 304

Marci Dickman
Director of Lifelong Learning
mdickman@bethemet.org
ext. 310

Marla Topp
Administrator
mtopp@bethemet.org
ext. 325

Kathy Kaberon
Director of Youth Family Programs
kkaberon@bethemet.org
ext. 305

Maia Volk
Director of Youth Programs
mvolk@bethemet.org
ext. 314

Shawna Rosen
Cantorial Soloist
srosen@bethemet.org
ext. 306

Debbie Gilbert
Finance Manager
dgilbert@bethemet.org
ext. 302

Susan Baum
Director of Communications
sbaum@bethemet.org
ext. 301

Rick Valentin
Facility Manager
rvalentin@bethemet.org
ext. 319

Wendy Yablon
Assistant to the Clergy
wyablon@bethemet.org
ext. 306

Miriam Davidson
Education Programs Administrator
mdavidson@bethemet.org
ext. 308

Shlomit Hoch
Executive Assistant
shoch@bethemet.org
ext. 300



1224 Dempster Street, Evanston, Illinois 60202
847.869.4230 | bethemet.org

